



Pro Advantage Training, Inc.

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To Whom It May Concern:

My name is Keith Wilson, and I am writing this letter regarding Brady Thomas' work ethic and character. He has been participating in our student athlete training program since May of 2020. My experience working with Brady has been positive. He has been a consistent, hard worker the entire time he has been training with us. Brady has never needed external motivation to get him to work hard...he has always gone through the most difficult of work without complaint. Brady understands that a high level of dedication and consistent hard work are required to be a successful athlete. Furthermore, he is a respectful and good-natured person that I have no hesitation vouching for his character.

I feel it is necessary to give a brief background about myself and my company to bring perspective to the amount of self-discipline and dedication it takes to participate in a high-level training regimen such as Brady's. I have an extensive background in professional sports. I am a former Strength and Conditioning Coordinator with both the Arizona Diamondbacks and the Milwaukee Brewers. I have also held the position of Director of Performance with the Arizona Rattlers, Phoenix Mercury, and the United Basketball Association. My company, Pro Advantage Training, works with athletes ranging from junior high kids through the highest level of professional sports. We maintain an extensive clientele of athletes from the MLB, NFL, NBA, PGA, as well as international professional leagues.

If there are any further questions regarding Brady Thomas, please do not hesitate to contact me.

Sincerely,

Keith T. Wilson, CSCS
Pro Advantage Training, Inc.